

Fresh



APRIL 2022



Let's start with some good news

Spring is properly here and nothing delivers the fresh flavours of the season better than English asparagus and Jersey Royal potatoes. We are now supplying UK-grown asparagus from Wye Valley and Evesham; Yorkshire grown varieties will be available towards the end of the month. Jersey Royals are fantastic quality and prices are gradually starting to drop.

Another spring flavour that's growing in popularity is foraged wild garlic and according to Herbs Unlimited, there'll be plenty of fresh Yorkshire wild garlic available until the end of May.

The bad news is that inflation continues with prices on some salad products very high and sadly not matched by the quality. This includes all tomatoes – impacted by restrictions on exports from Morocco – as well as iceberg, little gem and cos lettuce. Poor weather in Spain is also affecting the availability of veg such as courgettes and driving prices even higher. We'll continue to do the best we can to find you great value produce that still ticks all the boxes for taste and freshness but kitchens need to stay flexible to take advantage of best value produce.

What's in season this April?

Beginning

- **Asparagus** Evesham/Wye now – Yorkshire later
- **Chard** Evesham – Swiss and Rainbow varieties
- **Melons** Europe – Cantaloupe/ Galia/Honeydew
- **New Potatoes** Jersey Royals
- **Strawberries** Dutch new season, limited English

Mid

- **Beetroot** UK – bunched and loose
- **Cauliflower** UK & French
- **Celeriac** Evesham & Netherlands
- **Onions** Small, medium and large
- **Red Cabbage** English – small & sweet
- **Rhubarb** Yorkshire & Lancashire – field grown
- **Spring greens** Lancashire
- **Swede** Scottish
- **White Cabbage** Lincolnshire
- **Wild Garlic** Yorkshire–foraged

Ending

- **Carrots** UK supply – last month
- **Leeks** UK supply last month – French/Belgian available
- **Parsnips** UK almost over
- **Salsify** UK – last month
- **Savoy Cabbage** English season ends – French available
- **Tenderstem Broccoli** UK ends – Kenyan available
- **Turnips** End of outdoor supply

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