

Fresh



JULY 2026



July is peak season for a wide range of fresh British produce.

Tender, nutritious greens such as **kale, bok choy, chard, cavolo nero** and **spinach** are abundant and can form the basis for many simple hot and cold dishes. Create endless salads over the summer with the freshest **lettuce, tomatoes, beetroot, radishes, peppers, broad beans** and **watercress**, and for barbecues we have flavoursome **corn on the cob** and **new potatoes** to serve as sides.

We collect deliciously sweet **strawberries** and **raspberries** every day - perfect for desserts, patisseries and drinks.

New products in stock include **burrata** in 4 x 50g packets and **crispy chilli oil** in 210g jars. These pack sizes offer convenience and good value for money.

Some costs continue to fluctuate, and at the moment the price of **heritage tomatoes** is creeping up. Some Asian and Oriental deliveries are proving inconsistent due to container delays, with **kaffir lime leaves** and **white miso** particularly affected until mid-July. We are continuing to monitor transport costs and will keep you informed of any major impact.

If you would like to be added to our chefs' WhatsApp Broadcast List, just let us know. You'll be the first to hear about special offers, new products, and pricing and stock news.

What's in season this July?

Beginning

Carrots	UK
Cherries	UK short season
Corn on cob	UK
Curly kale	UK
Fennel	UK
Leeks	Lancashire
Marrow	UK
Red kale	Lancashire
Salads - tomatoes, cucumbers, peppers	UK
Swede	UK
Tenderstem broccoli	Lancashire
White cabbage	UK

Mid

Bok Choi	Lancashire
Broad beans	UK
Broccoli	UK
Cauliflower	UK
Cavolo Nero	UK
Chard	UK
Lettuce	UK
New potatoes	Second earlies/main crop
Peas	UK
Raspberries	Yorkshire, Lancashire & Evesham
Red cabbage	Lancashire
Rhubarb	UK
Runner beans	Lancashire
Savoy cabbage	Lancashire & Yorkshire
Strawberries	Yorkshire
Watercress	Lancashire & Yorkshire

Ending

Gooseberries	UK finished
Redcurrants	UK finished - Dutch available

BEST BUYS

for July

Our buyers' top recommendations for quality, flavour and value

Stone fruits

It's been a good harvest so far for European peaches, nectarines and apricots, so we can offer you plenty of choice at great prices.

Salad

Our Lancashire growers are keeping us well stocked with a range of tasty salad leaves as the warm weather continues. From crisp Little Gem and Iceberg to Romaine, Oakleaf and Lollo Rosso, there are plenty of varieties to support your salad needs.

Yorkshire berries

It's hard to beat freshly-picked strawberries and raspberries. We collect these daily from Annabel's Deliciously British farm, so you'll receive the best quality produce every time.

Summer exotic

Purple kohlrabi

This striking purple vegetable grown in Lancashire is a versatile addition to hot and cold dishes. It brings a peppery flavour, crunch and colour to salads and coleslaw, is tasty when roasted or fried and works well in a tangy pickle.



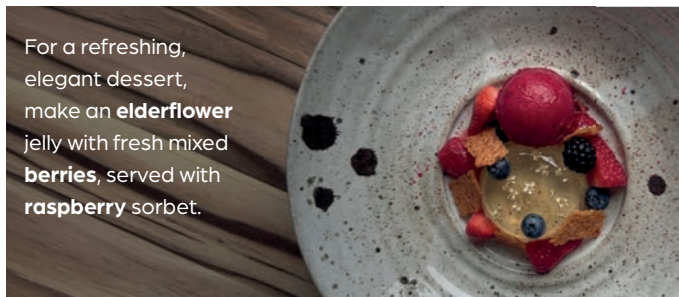
Tasting Notes

Seasonal tips and ideas from Class One Chefs

Mix up your salad offerings by adding sliced warm fruit. Try a grilled **peach** and **burrata** salad, or a griddled **nectarine** salad with **green beans**, **Little Gem lettuce**, **rocket**, **mint** and **basil**.



For a refreshing, elegant dessert, make an **elderflower** jelly with fresh mixed **berries**, served with **raspberry sorbet**.



Elevate the humble **marrow** with a range of cheese dishes. Use strong **cheddar** to make a marrow and cheddar souffle; a rich **gruyère** to make a creamy marrow gratin; or as an alternative to cauliflower cheese use a **mild blue cheese** and cheddar in a marrow and **kale** bake.

